

FLU INFORMATION SHEET 2009-10 Academic Year

Each year we experience absences of both students and college personnel as a result of flu and this year the H1N1 virus presents an additional concern. The following information is provided for both faculty and staff:

First and Foremost

We do not want students or college personnel on campus if they have the flu or any other contagious illness.

FOR FACULTY TEACHING COURSES

If a student informs you that they have the flu, please do the following

- Encourage the student to stay off-campus until they are fever-free (this is typically at least 24 hours after your fever is gone without the use of a fever-reducing medications.)
- Encourage the student to contact campus Health Services at 619-644-7192 to report their illness. This will assist the college in tracking flu incidents.
- Contact your dean and let them know that the student is out with the reported flu.
- Consider putting your materials on a website or Blackboard so that students can access it while they are out (and therefore keep up with some of the work).
- Consider finding some way for the student to make-up or replace the missed work.

The Bottom Line

For the health of our students and others, we do not want students coming to school when they are sick. Conscientious students who are afraid that they may be dropped from the class or will miss crucial work while they are out may feel obligated to be in class even if they are sick. Please try to work with them to help them move forward in their coursework. Address their concerns about your absence policy during this pandemic.

FOR COLLEGE PERSONNEL

For Faculty

- Please make sure to coordinate with your department chair and/or dean to plan for coverage (i.e. course materials, exams) in the event you are becoming ill.

For All Employees

- Please report your absence in the usual manner. To assist the college in tracking the incidents of illness, please convey that you have flu-like symptoms.
- To curb the spread of flu, all employees experiencing flu-like symptoms are urged to stay home until their fever is absent 24 hours without fever reducing drugs.
- Within offices attempting to meet critical deadlines, communicate often about these projects and cross-train as needed to ensure that crucial projects are able to proceed despite illnesses and absences.

For more information on the flu, please visit:
<http://www.sdcounty.ca.gov/Portal/News/swineflu.html>
For the latest flu updates from GCCCD visit:
<http://www.gcccd.edu/chancellormessage/default.asp>